



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

HAVE THE CONVERSATION NOW

Advance Care Planning Presentation HARRISON FAMILY YMCA

Bringing up end-of-life issues with your family can be challenging. Making your wishes known in legal documents can be even tougher. Yet, having the conversation now, while you're well and not in a crisis, will help ensure that your wishes are honored. Take action today and attend our clinic here at the Y! The clinic will go over having end-of-life discussions with one's family and filling out the appropriate forms (healthcare power of attorney and living will). It will cover the background of why it is important for everyone over the age of 18 to begin having these conversations, how to guide the conversations, and next steps in the process of having one's wishes recorded so they can be honored in their end-of-life.

Thursday, August 24th

Harrison Family YMCA | 1000 Independence Drive Rocky Mount, NC 27804 | Teen Center Room

5:30-6:30pm | Educational Session

6:30-7:30pm | Advance Care Planning Clinic (filling out appropriate forms)

Presented by Vicki Dougherty with Vidant Edgecombe Hospital

For additional information, visit www.VidantHealth.com/AdvanceCare

